

# Massage For Sport Performance By Michael McGillicuddy

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A Personal Note From Pro Sports Massage Therapist, Michael McGillicuddy. that I wrote a book for Human Kinetics called "Massage for Sports Performance."

## **Michael mcgillicuddy | usa pro- sports |**

Michael McGillicuddy is a licensed massage Michael specializes in Pain Management and Sports Massage and is the Author of "Massage For Sports Performance

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Michael McGillicuddy is a 20 plus year veteran State Massage Therapy Association Sports Massage Therapist Stretching to enhance athletic performance:

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Michael McGillicuddy is Board Certified in Michael specializes in Pain Management and Sports Massage and is the Author of Massage For Sports Performance

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Sports Massage Adds a Performance Edge. Michael McGillicuddy, Keys to understanding these principles of sports massage, says McGillicuddy,

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### **Michael mcgillicuddy american massage therapy**

Michael McGillicuddy, Massage Therapist. Techniques practiced: Deep Tissue massage, Neuromuscular, On site chair massage, Sports Massage, Swedish Massage,

### **Michael mcgillicuddy (author of massage for sport**

Michael McGillicuddy is the author of Massage for Sport Performance (4.80 avg rating, 5 ratings, 0 reviews, published 2010)

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View Michael McGillicuddy LMT's professional profile on LinkedIn. LinkedIn is the world's largest business network, Massage for Sport Performance Human Kinetics

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The purpose of this chapter is to help the trainer understand how to apply sport massage to athletes who are participating in specific sports.

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Michael has presented sports massage lectures at the following conventions: Florida State Massage Therapy Association Convention: Michael McGillicuddy, LMT,

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Bright IDEAs | Michael McGillicuddy's Publisher entitled Massage for Sport Performance. I started volunteering to provide sports massage at local sporting

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sport massage to athletes who are Sport specific treatment: Basketball This is an excerpt from Massage for Sport Performance by Michael McGillicuddy. James

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